

Admission Items

Medical Clearance: You need to have something from your doctor stating that you are medically stable to be in our program. **We are not a medical facility!** Also, if you take any prescription or over the counter medications, we need **your doctor** to put down the name of the medication, the dosage and how you are supposed to take it. You will also need enough medication to last for your entire stay (no less than a 30 day supply). All over the counter medications and prescriptions need to be in the original container. (Example: Tylenol, Ibuprofen, and cough drops, etc...) If you do not have a clearance for your medication you will NOT be allowed to take them until the clearance is received.

These must be presented at the time of admission or admission will be DENIED.

** Clients are responsible for their own hygiene items to include feminine products, shampoos, toothpaste, and deodorant (Alcohol free products if possible). NO MOUTH WASH!

Cleaning supplies and paper products (such as dish soap, multi-purpose cleaner, and toilet paper and paper towels) are also the responsibility of the client. Our program is designed to stimulate realistic day-to-day living, and therefore, clients are responsible for keeping their areas clutter free and clean and are expected to do daily chores.

- Proof of income (if you are requesting to have your treatment fees assessed according to our sliding fee scale.)
- Identification (Picture ID) & (Social Security Number)
- Medical Insurance Card
- Driver's license, registration, and proof on insurance (only if bringing vehicle to the facility)
- 7 changes of clothing, including under garments, which must be worn at all times, tennis shoes and workout attire. (Tank tops, spaghetti straps and provocative clothing **are not allowed.**) Free laundry facility is provided, however, the client must provide detergent, fabric softener and bleach)
- Robes, pajamas and slippers (all clients must remain clothed at all times).
- Towels, washcloths, shampoo, hair products, body soap, deodorant, feminine products, toothpaste and toothbrush.
- Notebooks, binders, paper, pen, pencils, envelopes and postage stamps.
- One pillow and one blanket from home are acceptable, but not required
- Five pictures of family (maximum)
- Calling cards if your phones calls will be long distance

PLEASE DO NOT BRING ANY OF THE FOLLOING: Cell phone, laptop, iPod, Walkman, no electronics, electronic cigarettes, permanent markers, keys, weapons or any drug paraphernalia, no flavoring extracts with alcohol, sleep aids to include melatonin, no books or magazines, no movies, no cards, dice or gambling paraphernalia, nail polish, mouthwash, etc..

Note: Make sure to thoroughly check your property, purse and bags for items not allowed.